

Bless the Lord – Part 2

Psalm 145

An atmosphere of blessing the Lord should exist in the heart and mind of every believer. It will drive away negativity and keep us on a positive and constructive path. In New Testament terms, don't grieve and quench God's Spirit (Ephesians 4:30-32). Rather be filled with His Spirit (Ephesians 5:15-21). See I Thessalonians 5:14-24.

Psalm 145 expresses a contagious spirit of blessing the Lord. This psalm shows us what blessing the Lord should look like in our personal lives and in our corporate lives as a church. What if the whole world caught onto this? One day there will be such a world (Isaiah 11:1 – 12:6, especially 11:9).

I Will Bless Thee – Psalm 145:1-7

I won't ignore my opportunities to bless God. (Psalm 145:1-2)

I'll never run out of reasons to bless God. (Psalm 145:3)

"His greatness is Unsearchable / beyond our understanding." Many things about God are mysterious and beyond our normal comprehension. This thought should not paralyze our minds. Rather, we should be stimulated to search out and ponder the greatness of God.

See Romans 11:33 – 12:3; Ephesians 3:8-9,16-21; Philippians 4:6-8; I Peter 1:8; II Corinthians 9:15; Psalm 36:5-9; 40:5; 71:14-15; 139:17-18; 104:34 (Read the whole psalm).

So, how much is there to talk about?

- His glorious kingdom and His power. (Psalm 145:11)
- His mighty acts and His majestic kingdom. (Psalm 145:12)
- His everlasting kingdom. (Psalm 145:13)
- He is the helper of the fallen and hurting. (Psalm 145:14)
- He is the supplier of food. (Psalm 145:15)
- He is the sustainer of life. (Psalm 145:16)
- He is righteous and holy in all His ways. (Psalm 145:17)
- He gives constant, intimate, attentive care. He hears our prayers. He gives us hope and He fulfills that hope. He is a deliverer. (Psalm 145:18-19)
- He preserves us from evil now. He will ultimately and finally separate us from the wicked. (Psalm 145:20 cp. II Peter 2:9)

If there is this much to talk about, then there is this much to know about and experience for ourselves first!

I'll never run out of people to talk to, while blessing God. (Psalm 145:4)

Praise & worship is a way of teaching & evangelizing others. See Psalm 117; Isaiah 12:4-6; Ephesians 5:19; Colossians 3:16.

I won't have to always bless God alone. (Psalm 145:5-7)

The spirit of worship and blessing is contagious. Others will join your blessings. The crescendo begins! See Psalm 34:1-3.

Thy Saints Will Bless Thee – Psalm 145:8-12

The Lord is gracious & good to all. (Psalm 145:8-9)

Everybody ought to know! (Psalm 145:9-12)

His works are obviously worthy of praise. But it is the responsibility of the saints to spell it out and make it clear to others. See Psalm 107:1-2 (Read the whole psalm); 30:4-5; 89:5-7; Ephesians 1:12; I Peter 2:9-10.

Do you see a gospel message in Psalm 145:17-20?

Won't You Bless Him? – Psalm 145:21

Jesus spoke of His kingdom as leaven that spreads and permeates the dough (Matthew 13:33). Our Gospel – our love for the Lord needs to spread throughout the world. Blessing God should be contagious. Let the crescendo begin!

See Psalm 31:19; 34:1-3, 6-8 cp. Matthew 28:18-20; Philippians 2:14-16; I Thessalonians 1:8-10).

How to Bless the Lord

- Bless Him in our heart and mind (Hebrews 10:22; Psalm 103:1-2).
- Bless Him with our mouth (Hebrews 13:15; Psalm 34:1).
- Bless Him with our lives (Hebrews 10:24; 13:16).
- Bless Him in the Church (Hebrews 10:22-25; Psalm 34:3; Colossians 3:12-17).